



SAILING INSTRUCTIONS 2015

1. **RULES:** The races will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS), the rules of the respective classes, Notice of Race or Club Programme, except as any of these are changed by these sailing instructions
2. **ENTRIES:** Boats may enter any race by recording their name on the appropriate entry sheet at the race office no later than 30 minutes before the start of the first race.
3. **NOTICE TO COMPETITORS:** Notice to competitors will be posted on the official sailing notice board/s located in the clubhouse.
4. **CHANGES TO SAILING INSTRUCTIONS:** Any changes to the sailing instructions will be posted on the notice board not later than 30 minutes before the scheduled start of any session of races.
5. **SIGNALS MADE ASHORE:** Signals made ashore will be made at the mast in front of the clubhouse. When the AP is displayed ashore '1 minute' is replaced by 'not less than 30 minutes' for the start of the race.
6. **STARTING TIMES:** will be as per the sailing programme or as altered by a notice to competitors.
7. **CLASS FLAGS:** will be in accordance with the illustrations displayed on the notice board.
8. **COURSES:** The course number as per the official course card and/or special courses will be indicated at the clubhouse 30 minutes before the start of each session of races or on the Bridge Boat indicated on a board.
9. **THE START:**
 - 9.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal. The order of starting for the first race of a session shall be given in terms of a notice to competitors.
 - 9.2 **Shore Start:** The starting line will be the prolongation of a line drawn from the flagpole on the moored Bridge Boat and buoy number 1. The length of the start line shall be limited by a limit buoy designated 'L'.
 - 9.3 **Boat Start:** The starting line will be a line between the mast of the Bridge Boat and a nearby buoy. The bridge boat and buoy shall be marks of the course only for boats that are starting.
 - 9.4 Boats whose warning signal has not been made shall avoid the starting area.
 - 9.5 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
10. **FINISHING LINE:** In the case of a shore finish the line will be between the flagpole on the moored Bridge Boat and number 1 buoy. In a boat finish the line will be between the flagpole on the Finish Boat and a nearby buoy. The Finish Boat and the buoy shall be marks of the course only for boats that are finishing.
11. **TIME LIMIT:** Boats failing to finish within 10 minutes, or in the case of 'O' class racing, within 15 minutes after the first boat in its race that sails the course and finishes, will be scored Did Not Finish. This changes rules 35 and A4.1. The times may be adjusted for 'All' class racing and races involving long courses at the discretion of the race officer.
12. **PROTESTS:**
 - 12.1 Protest forms are available at the race office. Protests shall be delivered there within 45 minutes after the time of the boat finishing or retirement from the race. The Officer of the Day may extend this time if he considers circumstances require an extension.
 - 12.2 Protests will be heard in order of receipt and as soon as possible.
13. **SCORING:**
 - 13.1 The Low Point Scoring System, Appendix A4, will apply, except that where 4 or more races are sailed in a series, the worst score shall be discarded. If 8 or more races are sailed there shall be 2 discards.
 - 13.2 **Official Duty:** All skippers who are scheduled to do Race Officer Duty, Rescue Duty or Novice training and who have entered for the series must inform the results secretary. They shall then be given their average of the series for the particular race that has been missed. This paragraph does not apply during open events.

14 HANDICAP RACING:

Buoy Handicaps: Individual Class Starts: Buoys will be laid in a line to leeward of the windward mark of the course set. The windward mark of the set courses will be designated 'A', the middle mark 'B' and the inner mark 'C'. Handicaps for each skipper are shown on lists on the sailing notice board and indicate how many times in the race each buoy must be rounded.

A Skipper whose handicap is given as BAA is allowed, on the first round of the course, to sail a slightly shorter leg by rounding buoy 'B' instead of 'A'. For the other two rounds the skipper must round 'A'. Scratch skippers will therefore sail the longest course 3A (sailing 3 rounds), an inexperienced skipper has the shortest course 3C marks. A, B and C shall be rounded in the order set out in the handicaps list and in the same direction as the windward mark of the course set. In the event of the shorter course being sailed, e.g. "SE 3", omit round 2, the handicap marks shall be rounded in the sequence in which they are displayed on the handicap lists. It is the responsibility of every skipper to ensure that his/her name is on the handicap lists. Anyone whose name is not on the lists must sail 3A until they have been allotted a handicap. Alterations to the handicap lists may only be made by the Club Handicapper or Chairman of Sailing and initialled by them.

Time Handicaps: A ZVYC Class/Skipper handicap system based on corrected time can be used.

- 15 PERSONAL BUOYANCY: In accordance with Club Bye-law no.2: Lifejackets shall be worn at all times by persons sailing from Club shores, and in Club races.
- 16 LIABILITY: Competitors participate in the races entirely at their own risk. See rule 4. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.
- 17 INSURANCE: Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of R1 000 000 per event.

REAR COMMODORE: SAILING