



ENTRY FORM

The Bone of Contention - Tri-Sail-Thon Challenge

21 March 2018

ENTRIES close at Midnight Tuesday, 20th March 2018.

LATE ENTRIES accepted up to 08h30 on Sunday 21st March but will incur a time penalty.

Send your completed entry form to **manager@zvyc.co.za**

ENTRY IS FREE

By entering this event I acknowledge that I have read and understood the Notice of Race and rules for the event and that I and my team will compete entirely at our own risk.

Skipper / Stroke Name: _____

Name of Club: _____

Gender: Male Female

Cell phone No. _____

Email Address: _____

Class of boat (rowers: state scull, pair, quad, eight): _____

Helm/Stroke age on 21 March 2018: _____ years old

Are you competing as an individual in all three legs YES NO

Are you or a team mate doing the running/walking leg YES NO

Are you or a team mate doing the cycling leg YES NO

Only teams need to complete the following :

Family team (mother/father/childres) YES NO

Runner/Walker's name: (if different to above) _____

Walking or Running? Walk Run

Runner/Walker's age on 21 March 2018: _____ years old

Runners/Walker's gender Male Female

Cyclist's name: (if different to Runner/walker) _____

Cyclist's age on 21 March 2018: _____ years old

Cyclist's gender Male Female

Does your bicycle have knobbly (MTB) tyres YES NO

Send completed entries to manager@zvyc.co.za

Tel: 021 705 3373

www.zvyc.co.za

facebook: zeekoevleiyachtclub instagram: zeekoevleiyyc